



MENTAL HEALTH PROVIDER DIRECTORY

Alaina Gomes Counseling Psychologist

alaina@guidinglanes.com
www.guidinglanes.com
(268) 770-3207

Specialty: Anger Management, Anxiety, Career/Guidance, Depression, Grief and Loss, Low Self-esteem, Couples Counseling, Sexuality Concerns, Stress, Management, Trauma, Youth

Aurica Williams Professional Counsellor

Imagistic Counselling
(Antigua)
(268) 720-2814
imagistic@hotmail.com

Specialty: EAP, Grief & Loss, Marital & Christian Counselling, Parent Support, Family Therapy, Women's Retreats, Trauma and Stress Management, Youth, Career & Life Skills Guidance

Billie Sterling-Lewis MBA Msc, PgDip, BA Psychotherapist

EMPAC Behavioral Health
(268) 734-2444
(868) 294-3444 (whatsapp)

Specialty: Mood Disorder, Trauma, Loss and Grief, Substance Misuse, Gender Base Violence, Life Adjustment Issues, Life Changes and Wellness, Education and Training

Cerene Prince Child & Parent Psychotherapist

(268) 774-4538
cerene@orchardbluecounseling.com
www.orchardbluecounseling.com

Specialty: Anxiety, Depression, Grief and Loss, Low Self-Esteem, Stress Management, Youth and Parent Support

Dr. Carolla Ellis Family Therapist

(268) 783-8336 / (268) 561-9625

Specialty: Family Therapy, Adolescent Support, Elderly Care

Claudine Knox, Ms, NCC Counseling Psychologist

New Beginnings Therapy
(268) 726-6303
calbertknox@gmail.com

Feona Charles-Richards MSc Clinical Psychology

(268) 774-8197

Specialty: Educational Assessments in both Children and Adults, other Mental Health diagnostics and Therapy

Dr. Jean-Machelle Benn-Dubois International Psychologist

(268) 726-3083 /
(268) 771-3085
www.jeanmachelle.com

Specialty: Depression, Anxiety, Trauma, Stress and Anger Management, Grief & Loss, Career Adjustment and Relationship Concerns.

Jill Fuller Psychodynamic Counsellor

(268) 727-5455
www.jillfullerantigua@gmail.com

Specialty: Career /Guidance, Creative Therapy

Jo-Nelle Walsh Clinical Psychologist

(268) 775-3192

Specialty: Anxiety, Depression, Trauma, Grief and Loss

Koren Norton LMSW, CEAP Counsellor

(268) 784-5015
korenkardia@hotmail.com
www.Consultantkoren.com

Specialty: Life Coaching, Stress Management, Relationship Counselling, Grief and Loss, Depression

Leandra Lewis Child Psychologist

(268) 722-8769
Leandra.lewis2884@gmail.com

Specialty: Family and Couples Counselling, Children with Disabilities

Dr. Melesha Banhan Clinical Psychologist

(268) 720-6466
melesha@gunningbanhan.com
www.gunningbanhan.com

Specialty: Anger Management, Anxiety, Depression, Grief and Loss, Low Self-esteem, Couples Counseling, Spirituality, Stress management, Substance Misuse, Trauma

Regina Apparicio MSc PGDip Assoc. Clinical Psychologist & Grief Educator (Cert.)

(268) 770-1802
Regina.apparicio@gmail.com

Specialty: Youth, Anxiety, Depression, Low Self-esteem, Stress Management, Grief & Loss, Women's Health, Corporate Wellness, Substance Misuse

Sydney Retemyer Mental Health Counsellor

(268) 723-0965
retemyersydney@gmail.com

Specialty: Spirituality, Addiction, Relationships

Tiffany Smith MSc

Therapy With Tiffany
tsmiththerapy@gmail.com
(268) 714-5882

T'Mira Looby MS, NCC Therapist

Transformation through
Therapy
(268) 788-3509
transformationthroughtherapyab@gmail.com

Specialty: Trauma, Anxiety, Depression, Family & Couples Counseling, Youth, Professional Development Training & Community Outreach

Dr Chenelle Joseph Psychiatry & Neurology

(268) 464-9095

CJoseph_Med_Psych@outlook.com